

# A CITIZEN'S PRIVACY CHECKLIST

## 1 THINK TWICE BEFORE SHARING

Before you post, ask yourself, "Can it be used against me?" Sometimes what you share isn't worth the risk.

## 2 RESPECT OTHERS' PRIVACY

Ask before posting photographs or recordings—and don't hesitate to ask others not to post images or footage of you. Warn others of smart devices in your home.

## 3 SAY "NO"

If a website asks for data, you don't have to say "yes." Don't be deceived by web designs that hide the "no" option. Always opt out of data collection whenever possible.

## 4 CHOOSE DEVICES AND SERVICES THAT MAXIMIZE PRIVACY

Don't buy devices from companies that earn their money through exploiting personal data.

Resist using virtual assistants.

Use an encrypted messaging app, one that does not sell your data.

Use an email service that prioritizes privacy.

Use search engines and web browsers that do not collect your data.

## 5 USE PRIVACY EXTENSIONS AND TOOLS

They are easy to install and can block trackers and increase encryption protection.

## 6 CHANGE YOUR SETTINGS YEARLY

Don't assume preset settings are privacy-friendly. Check your browser settings and block cookies—especially cross-site tracking cookies.

## 7 DON'T CYBER-HOARD

Delete data routinely. You do not need to keep all the data you create.

## 8 CHOOSE STRONG PASSWORDS

Avoid common passwords and consider a trustworthy password manager.

## 9 USE OBFUSCATION

When companies ask for more information than they need, you are allowed to give incorrect information to protect your privacy.

## 10 MINIMIZE DIGITAL INTERACTIONS

Avoid the "internet of things." Don't do DNA tests for fun. Read print books and newspapers.

## AUTHOR CARISSA VÉLIZ'S CHECKLIST FOR PROTECTING YOUR PRIVACY.

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